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# 2005 West Region Cross Country Championships

Great Northwest Athletic Conference

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## 2005 West Region Cross Country Championships

Nov. 5, 2005 at Chino, CA

**Men's Team Scores** – Chico State 23, Cal Poly Pomona 97, Alaska Anchorage 106, Western Washington 124, Seattle Pacific 172, Humboldt State 193, UC San Diego 197, Cal State Stanislaus 214, BYU-Hawaii 278, Seattle 279, Western Oregon 288, Hawaii Hilo 325, Northwest Nazarene 338, San Francisco State 349, Central Washington 353, Saint Martin's 443. **Women's Team Scores** - Chico State 42, UC San Diego 62, Alaska Anchorage 129, Seattle Pacific 134, Cal State L.A. 163, Central Washington 197, Cal Poly Pomona 246, Seattle 270, Western Washington 278, BYU-Hawaii 282, Hawaii Pacific 285, CSU San Bernardino 286, CSU Stanislaus 294, San Francisco State 385, Northwest Nazarene 403, Humboldt State 417, CSU Bakersfield 422, Alaska Fairbanks 440, Sonoma State 453, Saint Martin's 520, Chaminade 566.

### Men (8,000 Meters)

1. Patrick Boivin, CSUC	31:23.6	57. Bedora Lim, CUH	35:14.1	5. Meredith Crane, SPU	22:23.3
2. Charlie Serrano, CSUC	31:44.3	58. Brian Rockenbach, CWU	35:15.4	6. Maria Delgado, CSLA	22:24.0
3. Mark Batres, CPP	32:03.6	59. Luke Sigmon, UCSD	35:23.1	7. Erin O'Donnell, UCSD	22:30.0
4. Antonio Miramontes, CSUC	32:30.0	60. Gustavo Arceo, UHH	35:35.7	8. Pavla Havlova, UAF	22:31.0
5. Casey Moriarty, SU	32:34.1	61. Nik Karr, WOU	35:42.1	9. Laura Trevellyan, WWU	22:34.5
6. Josh Babiak, SFSU	32:42.5	62. Batbileg Bor, SFSU	35:46.4	10. Tanya Zeferjahn, CSUSB	22:39.4
7. Beau Bettinger, CSUC	32:48.0	63. Cary Costa, WOU	35:48.0	11. Missy Lendl, CSUC	22:46.6
8. David Kiplagat, UAA	32:55.3	64. Andy Peters, NNU	35:54.3	12. Ciara Harvey, CSUC	22:52.0
9. Rory Kuykendall, CSUC	32:56.8	65. Troy Banker, WOU	35:55.7	13. Stacy Edwards, UAA	22:55.9
10. Jacob Klausen, HPU	33:05.9	66. Brandon Krout, BYUH	36:01.2	14. Julie Shaw, CSUC	22:59.7
11. Arturo Garcia, CSUS	33:07.6	67. Felipe Jasso, WOU	36:04.7	15. Emily McGregor, UCSD	23:04.5
12. Scott Bauhs, CSUC	33:12.5	68. Joshua Enos, UHH	36:11.0	16. Louise Brasen, HPU	23:08.7
13. Aaron Dickson, UAA	33:14.6	69. Sam Bedell, WWU	36:13.3	17. Lindsay Nelson, CSUC	23:15.9
14. Isaac Perez, CPP	33:16.2	70. Michael Boyle, UAA	36:15.1	18. Karla Alburez, CSLA	23:19.4
15. Leif Olson, UAA	33:24.3	71. Gabe Andrews, CWU	36:16.4	19. Michelle DiMeo, UCSD	23:28.1
16. Kyle Ivie, CSUC	33:30.4	72. Tyler Lane, NNU	36:23.6	20. Nina Miller, UCSD	23:28.6
17. Logan Senrud, WWU	33:30.5	73. Matthew Gulden, BYUH	36:27.9	21. Karin Rohde, SPU	23:29.3
18. Doug Gibson, SPU	33:32.5	74. Jack Chandler, CSUS	36:30.9	22. Zuzana Iler, CSUB	23:29.6
19. Mark Rivera, CSUS	33:35.5	75. Isaac Crawford, CSUS	36:32.5	23. Natalie Miano-Batres, CPP	23:33.3
20. Bjorn Bostrom, SPU	33:45.7	76. Dan Ferguson, CWU	36:41.4	24. Jennifer Puzey, BYUH	23:33.7
21. Brian Kostock, HSU	33:47.8	77. Clifton Ho, UHH	36:42.4	25. Josie Lavin, SPU	23:38.1
22. Sam Brancheau, WWU	33:49.6	78. Dan Weiser, CWU	36:53.2	26. Laura Carr, UAA	23:41.1
23. Joseph Sybrowsky, BYUH	33:52.5	79. Craig Giovenetti, HSU	36:54.3	27. Desiree Castellanos, CSUS	23:42.8
24. Drew Dickson, UAA	33:53.0	80. Thomas Jordan, BYUH	36:55.3	28. Marcie Mullen, CWU	23:46.1
25. Miguel Cabanas, CPP	33:57.5	81. Clinton Imholte, CUH	37:00.6	29. Maija Rohde, CSLA	23:49.2
26. Kevin Urak, CPP	34:02.5	82. Seth Woods, SMU	37:04.6	30. Sarah Benson, CWU	23:50.4
27. Jake Perry, NNU	34:07.4	83. Nick Dols, SU	37:07.5	31. Christina Jimenez, CPP	23:52.3
28. Casper Dahl, HPU	34:14.6	84. Bryan Dibos, WOU	37:08.1	32. Erin Deasy, WWU	23:52.6
29. Keith Lemay, WWU	34:18.6	85. Martin Ramos, CSUS	37:18.1	33. Molly Follen, SU	23:52.7
30. Eric Tibbetts, HSU	34:21.3	86. Steve Lehman, CWU	37:24.4	34. Brandy Anderson, CWU	23:54.3
31. Anthony Tomsich, WWU	34:24.6	87. Tim Keller, NNU	37:31.3	35. Jessica Rendon, HSU	23:55.4
32. Jasper Peach, HSU	34:25.2	88. James Roach, CWU	37:31.4	36. Melissa Flake, BYUH	23:55.9
33. Michael Stewart, WWU	34:25.8	89. Andrew Chong, HSU	37:52.3	37. Ashley Puga, NNU	23:59.4
34. James Tawney, CPP	34:27.0	90. Luke Graesser, BYUH	37:57.8	38. Davya Baker, UAA	24:00.4
35. Chad Portwood, WWU	34:29.1	91. Michael Evans, UHH	37:59.2	39. Rachel Bailey, CWU	24:03.4
36. Eddie Venegas, CPP	34:32.5	92. Nic Crawford, WOU	38:03.6	40. Anna Olesen, HPU	24:04.9
37. Carlo Lozano, SPU	34:33.4	93. Robbie Wilbur, SMU	38:05.4	41. Mary Moriarty, SPU	24:06.6
38. Gabriel LaMonthe, UCSD	34:37.2	94. Caleb Timmer, SMU	38:10.5	42. Suzanne Strickler, SPU	24:07.1
39. Carl Lostrom, UCSD	34:39.5	95. Kerry Burns, HSU	38:13.5	43. Diane Dunn, UCSD	24:07.5
40. Jale LeVieux, UCSD	34:39.9	96. Keiichi Matsumoto, CUH	38:19.7	44. Katie Hansen, SU	24:08.6
41. Jimmy Elam, HSU	34:41.6	97. Jason Koide, CUH	38:56.2	45. Pia Folsing, HPU	24:12.9
42. Pedro Barriga, CPP	34:42.2	98. Rich Thomas, SMU	38:56.3	46. Shawna Burger, CSLA	24:13.3
43. Matthew Noble, UCSD	34:42.3	99. Scott Clark, SFSU	39:27.0	47. Erin Frier, CSUS	24:15.5
44. Paul Moth, UHH	34:50.0	100. Tris Obluck, SMU	39:37.6	48. Danielle Pratt, UAA	24:16.7
45. Larry Blaylock, CSUS	34:51.9	101. Mikhail Osipov, SFSU	39:45.0	49. Christine Perez, SFSU	24:17.8
46. Jerret Mantalas, WOU	34:52.4	102. Luis Cortes, SFSU	39:57.3	50. Dallase Scott, CSUC	24:18.7
47. Dan Holligan, UCSD	34:54.8	103. Justin Freyermuth, CSUS	40:05.2	51. Jolene Boogard, WWU	24:18.9
48. Joshua Croft, BYUH	34:57.2	104. Steven Lalonde, SMU	40:17.3	52. Alana Garcia, SU	24:22.0
49. Nathan Heitzinger, SU	35:01.0	105. Kyle Gray, NNU	41:29.9	53. Holly Digerolamo, CSUSB	24:22.7
50. Andrew Lybarger, SU	35:01.5	106. Robert Renninger, SU	41:50.7	54. Amanda Castro, BYUH	24:26.1
51. Benjamin Sonntag, UAA	35:01.8	107. Sandino Moya-Smith, SFSU	42:40.6	55. Kimberly Beaman, SPU	24:26.8
52. Brian Cronrath, SPU	35:02.5			56. Stephanie Upshaw, WOU	24:27.4
53. James Rosser, SPU	35:03.8			57. Sofia Leon, CSUS	24:30.7
54. Eddie Strickler, SPU	35:03.9			58. Rebecca Knox, SPU	24:31.8
55. Stig Yngve, UAA	35:05.7			59. Jacqui Trenkwalder, SSU	24:37.6
56. Chris Beetley-Hagler, UCSD	35:07.3			60. Jamie Ray, CPP	24:38.3
				61. Masako Sagawa, HPU	24:39.9

### Women (6,000 Meters)

1. Miriam Hodgins, UCSD	21:59.8
2. Katie Lee, CSUC	22:01.9
3. Jennifer James, CSUC	22:19.4
4. Mandy Kaempf, UAA	22:22.7

62.	Monica Valdez, CPP	24:40.3	91.	Diana Choi, BYUH	25:40.4	120.	Chelsi Claussen, SMU	26:30.3
63.	Janelle Probst, SMU	24:40.4	92.	Nicole Beare, HSU	25:41.3	121.	Jessica Pendon, SMU	26:31.7
64.	Meghan Salveson, SU	24:42.0	93.	Kristin Gallup, SFSU	25:41.8	122.	Kelly Frier, CSUS	26:36.7
65.	Ana Juarez, CSLA	24:43.3	94.	April Montgomery, SSU	25:41.9	123.	Kari Andrew, UHH	26:42.7
66.	Kaley Strachan, UAA	24:47.4	95.	Rebecca Mishler, NNU	25:43.4	124.	Lexi Baxter, WWU	26:43.9
67.	Andrea Ring, CWU	24:47.9	96.	Leilani Kaluhiokalani-My, CUH	25:45.8	125.	Krynn Finstad, UAF	26:46.6
68.	Becky Southworth, CSUSB	24:50.2	97.	Marissa Hager, CSUS	25:46.7	126.	Lisa Castle, CUH	26:46.8
69.	Amanda Burkhardt, UCSD	24:53.2	98.	Macey Blaine, NNU	25:47.0	127.	Christy Wynkoop, NNU	26:53.0
70.	Suzie Sandoval, SFSU	24:56.2	99.	Ashley Benson, UHH	25:48.1	128.	Lakita Burr, SMU	26:56.3
71.	Geraldina Garcia, CSUS	25:03.4	100.	Maria Cardenas, CPP	25:48.4	129.	Betsy Peterson, HSU	26:57.1
72.	Mary Krusen, UAA	25:07.7	101.	Ariel Gray, HSU	25:48.6	130.	Emily Uhlig, CWU	26:59.0
73.	Evelyn Lopez, CPP	25:10.0	102.	Jenna Carvajal, SSU	25:49.1	131.	Leigh Meade, HPU	26:59.6
74.	Kristin Glen, CSUDH	25:10.8	103.	Keely Kaligis, WWU	25:50.7	132.	Rhiannon Cadelinia, SU	27:00.1
75.	Kiyara Iravanian, SSU	25:11.6	104.	Wendi Plott, CSUB	25:52.9	133.	Patty Guerrero, CSUS	27:11.6
76.	Melanie Nisly, NNU	25:13.2	105.	Ariela Ramos, SFSU	25:55.7	134.	Amanda Garcia, HSU	27:13.1
77.	Kristen Torrez, CSUSB	25:15.6	106.	Jodi Calderon, CSUB	25:57.2	135.	Katrina Schwerdtfeger, WWU	27:20.6
78.	Karin Hansen, SFSU	25:23.6	107.	Anna Coulter, UAF	25:57.4	136.	Monica Marroquin, CSUDH	27:23.9
79.	Rachel Barreau, WOU	25:25.3	108.	Rachel Peters, WOU	25:59.2	137.	Tiana Ring, CSUB	27:28.8
80.	Amber Green, CWU	25:26.9	109.	Elizabeth Lugo, CSLA	26:00.6	138.	Nicole Beatty, SMU	27:48.5
81.	Alice McIntosh, SU	25:28.2	110.	Holly Mishler, NNU	26:01.0	139.	Crista Phillips, SFSU	28:19.9
82.	Julia Coulter, UAF	25:29.2	111.	Lydia Lauer, SU	26:02.0	140.	Virginia Parrish, UAF	28:28.2
83.	Melanie Madsen, BYUH	25:29.3	112.	Kim Miller, CSUSB	26:03.5	141.	Allison Daum, SSU	28:59.3
84.	Megan Holt, CSUSB	25:30.7	113.	Kaleigh Bishop, SMU	26:04.3	142.	Kristine Smallwood, CUH	29:55.9
85.	Linsey Vanzant, CSLA	25:31.2	114.	Annzen Salvador, CUH	26:08.1	143.	Felicia Jasso, CSUB	30:33.7
86.	Raha Hakimdavar, CPP	25:32.2	115.	Andrea Lovio, HSU	26:13.6	144.	Jaime Knaus, CUH	30:48.7
87.	Kari Brandt, CSUSB	25:32.6	116.	Deanne Soon, CUH	26:16.5	145.	Crystal Weseman, CUH	30:57.4
88.	Lovette Mioni, CSUB	25:36.6	117.	Valerie Tucker, CSUDH	26:17.0	146.	Katelynn Blume, SMU	31:33.0
89.	Heather Moulton, HSU	25:38.1	118.	Lindsey Graham, NNU	26:17.2			
90.	Jill Keller, WWU	25:38.5	119.	Alyssa Lewis, CSUB	26:28.9			